



Volume 5 Number 6

# CONTACT!

June 2016

[www.kanatabr638.ca](http://www.kanatabr638.ca)

## Branch President's Report

A new legion year begins with a new executive! At this time, I wish to thank you for the opportunity to be your new Branch President and I look forward to working together with the new executive, legion members and the Ladies' Auxiliary as we continue to serve and support the veterans, community and youth. As a result of Immediate Past President, John Cher's leadership and dedication and the past executives during his five years as President, our Kanata legion is doing very well with increased membership, financially solvent and most importantly, serving our veterans. As much as these are big shoes to fill, I know I can speak on behalf of the new executive that every effort will be made to continue to grow, improve and serve! Lots to look forward to and lots to do!

In the past month our Branch has been very active and recognition and special thanks goes to:

....Comrade Dan Knighton, Chair of the Honours and Awards Committee, and the committee for a very successful Honours and Awards presentations and dinner on May 29. It was a job well done! Good turnout, good food and many awards and recognitions. Congratulations to all award recipients.

....Comrade Moira Green, for co-ordinating the Kanata Legion's Annual Veterans Luncheon held on June 7! Approximately 98 in attendance. The veterans were so pleased and appreciative! The work and planning makes it all worthwhile. Great job, Moira! Thank you to comrade Peter Wilkins for his contributions towards making this event as successful as it was and to the many volunteers.

...Comrade Mary-Jo Gauthier, for taking the initiative to spruce up the patio and to Shawn McCaskill, the painter. It looks like a new patio!

...Comrade Judy Homma, for the spring time gardening and yard work that she did. Did you notice the new poppy at the front of the building?

...Comrades Doug Rowland, Bob Thomson and myself represented our Branch at two Air Cadet Squadron Annual Reviews, June 4 and June 5, one Army Cadet Corps - Dragoons Annual Review, June 5, and one Sea Cadet Corps - Centurion Cadet Corps Annual Review, June 12. Poppy Trust Fund cheques were donated at each annual review and I was privileged to present the Royal Canadian Legion Cadet Medal of Excellence to two cadets.

...Comrade Bob Thomson, Sgt-at-Arms, the Colour Party, for participating in the Carp War Memorial opening ceremony on June 18. Thank you to all comrades, particular Bert Fox, WWII veteran, for attending as well.



I wish to invite everyone to the annual President's Canada Day BBQ, July 1, 11:30 a.m. - 3:00 p.m., serving hamburgers, salads and much more. There will be indoor games of fun to test your skills.

Since the last issue, I wish to make mention of the loss of two very special comrades, Ivan Hawley and Bill Wilson. They will be dearly missed.

Respectfully submitted,

Lorraine Lapensée  
President



# From the First Vice

As I was not able to submit an entry in last month's CONTACT, I will take this opportunity to thank all those who voted me back into this position and hope I will be able to fill it to your expectations. I would also like to welcome all newcomers to the executive and sincerely thank those who have left their positions. Your dedication to the branch and executive has been an asset that we could not have done without. Thank you.

Now that the new Executive is in full swing, things are starting to happen again (actually, 'things' never really stopped!). Events are taking place and many more being planned and to be sure, there is a full plate of entertainment and events scheduled throughout the summer and fall.

On a different topic, our insurance broker, PIB (Programmed Insurance Broker), has requested we fill out an incident report in the event there are any 'incidents' (with respect to bar patrons). Therefore, if anyone witnesses any such event please, discuss with the bartender on duty, so the form can be filled in.

On a brighter note: We had a visit from the City Health Inspector last week and due to the professionalism of our kitchen staff, we had a resounding PASS! Thank you, all kitchen staff, for a Job Well Done!

Thank you, one and all.  
Dan Knighton  
1<sup>st</sup> VP

## From the Sports Desk

Comrade Garth Lee will be our new Sports Officer at the branch but he has asked me to write this last CONTACT entry as it was started under my watch.

This year's Zone GOLF Tournament was held June 11 at Br 244, Perth, Ontario, and we were able to put two teams into the tournament. It rained all day! Thank you, Brenda and Garth, for your gallant effort this year, but due to the rain and some strange ruling of picking teams to go forward, unfortunately they succumbed to the new ruling. Martin Mason and I were in a three way tie for 2<sup>nd</sup> place and will

be going forward to the next round in Petawawa. However, if Bob Mason is suitably recovered from his operation, he will be joining his brother Martin to take my place in the District tournament July 23 in Petawawa.

Next up is our Annual Ray Ponto Memorial Tournament at the Greensmere G&C Club August 11. This is a fun tournament and is always a very special event. Please watch for the poster to be out in the next few days.

Yours in good sports,

Dan Knighton (Outgoing)  
Br Sports O  
613 864 1920

## Honours and Awards

Our 2016 Honours & Awards Ceremony was held May 29 and was a resounding success. Congratulations to all certificate and award winners as well as those who received service pins. There were 63 service pins given out, 24 appreciation awards, 3 friendship certificates and 1 plaque given out; 5 certificates of merit, 13 service and past officer medals & pins.

This year's Legionnaire of the Year Award went to our Past President, comrade John Cher, and the President's Commendation was awarded to comrade Bob Thomson. There were three life memberships awarded: comrades Morley Connell, Brenda Grant and Lorraine Lapensee. Congratulations once again to all.



In looking back, it's unfortunate if there were one or two members or groups missed, but as I have said many times, if you see someone or a group you feel is justified to receive an award, please submit the information to the Awards Chairman as soon as

possible. Your new H&A Chairman for 2016 - 2017 will be comrade John Cher. Thank you, John, for stepping up to the plate for this.

It has been a pleasure to serve as your H&A Chairman in the past and I look forward to sitting back next year.

Thank you once again.

Dan Knighton (Outgoing)  
Honours and Awards Chair



Comrade Bob Thomson receives President's Commendation from comrade John Cher



Photo credit:  
Terry Jenkins

Comrade John Cher receives Legionnaire of the year award from 1st Vice President, Dan Knighton





Notice to members not in attendance at the Honours and Awards ceremony: You may pick up your award from the bar.

## From the Second Vice

### Gaming

#### May Bingo Report

Bingo events conducted: 5  
 Total attendance: 223  
 - per Bingo average: 44

Total Deposit to Bingo Trust: **\$3521.00**

**Expenses** Rent Paid to Branch: \$998.90  
 License Fee: \$240.00  
 Paper Cost: \$223.00

**Total Expenses** **\$1461.90**

**Revenue after Expenses** **\$2059.10**

- 47.6% for Operations & Maintenance \$980.13
- Donation Fund **\$1,078.97**

#### 50/50 Draws Report

Number of 50/50 draws conducted: 10

Proceeds for May were **\$737.50**, all of which goes to donation fund.

Total monies raised for the month of May for donation: **\$1,078.97 + \$737.50 = \$1,816.47**

#### General Trust Fund Administration

This group meets once a month to distribute funds generated through the Gaming Program. Once approved by the Executive, the funds are then distributed.

Donations (once approved) for June, based on funds raised in May are \$2,000.

The following organizations each received \$500:

- Parkinson's Society
- Kanata Knights Minor Football
- Shepherds of Good Hope
- West Ottawa Community Resource Centre

Yours in service,

Brenda Grant  
 2<sup>nd</sup> Vice

Adkins, Stephanie	Associate	10
Clark, Yvette (Certificate)	Associate	5
Cutbill, Ronald T.	Associate	5
Dagenais, Emile Denis	Ordinary	35
Dekok, Jack	Ordinary	15
Egan Mary	Ordinary	5
Egan, John	Ordinary	5
Gagnon, Michel Eric	Ordinary	5
Grimes, Michael	Associate	35
MacLaren, Jack	Voting Affiliate	5
Northrup, Dale	Ordinary	5
Northrup, Marilyn	Associate	5
Percy, Ivan	Ordinary	5
Piercey, Carole	Associate	10
Piercey, Kenneth E.	Ordinary	10
Ricker, Bruce	Associate	10
Schwartz, Wade E.	Ordinary	5
Seguin, Patricia	Ordinary	25
Walters, Johanna M. (Life)	Associate	20
Wood, John R.	Associate	10



# From the Poppy Campaign Chair

## Veterans' Lunch 2016

A real treat to see so many veterans, members and friends attend this event. As always, so many to thank for helping out and too numerous to mention. A sincere thanks to everyone.



## Poppy and Remembrance Campaign 2016

There will be a meeting of table captains at 7:30 p.m. on Tuesday, September 27, at the branch to update your calling lists.

Yours in service,  
Moir



Photo credit: Moira Green

Comrade Harry Needham is presented with a certificate recognizing 25 years of membership, from The Friends of the Canadian War Museum. Congratulations, Harry! Comrade Doug Rowland, far left, is past president of The Friends.

# From the Branch Secretary

Hello, comrades

A note to remind everyone that there will not be a general meeting in July and August.

The next scheduled general meeting is Wednesday, September 21, 2016.

Have a wonderful summer and see you in September.

Amanda Robbins  
Branch Secretary

## Ways and Means Entertainment Recruitment Committee

### Kanata Legion thanks Veterans at their Annual Veterans Luncheon!

On June 7, our Kanata Legion hosted the annual luncheon for veterans from the Perley-Rideau Health Care Centre, Kanata's ten retirement and nursing homes, veterans who are legion members or/and those who are presently serving. As guests arrived they were privileged to be entertained by the Highland Mist Pipe Band's music before entering the building.

Once inside, veterans were welcomed by the Immediate Past President, John Cher, and 1<sup>st</sup> Vice-President, Dan Knighton, and presented a special gift by comrade Anita Fortier. After the guests were settled, President, Lorraine Lapensée, assisted by comrades Gerry Dore and Patricia Royle, distributed a Kanata Legion pin and a Support Your Troops pin donated by Veterans Affairs and acquired by Karen McCrimmon, MP Kanata-Carleton's office, to the guests. Comrade Moira Green, event co-ordinator and emcee, welcomed guests and conducted a brief program, some of which included a few words from Veterans Service Officer, Peter Wilkins, a melody of tunes performed by the Highland Mist Pipe Band and a presentation of a 45-year service pin to veteran Gerry Bowen! Congratulations, comrade Gerry!

Father Bill Prentice said grace and guests then enjoyed a delicious chicken Kiev luncheon prepared and served by Leatherworks Catering. After lunch comrades Moira Green, Helen McKiernan and Gerry Dore took guests back in time as they played tunes from WWII and more!



Photo credit: Garry Fancy

Veterans were so appreciative! This means the Annual Veterans Luncheon was a big success!

Special thanks to Moira Green, event co-ordinator, George Pollock and Mark Hunter, bar tenders, Bob and John Thomson for hall set up, to all those mentioned above plus members who attended and contributed towards saying ***thank you for your service*** to the veterans.

Lorraine Lapensée  
W.E.R.C. Promotion



Photo credit: Garry Fancy

John and Pat Cher - Past President relaxing in his new position as Past President

## The Last Post

Submitted by Garry Fancy

WILSON, William "Bill" Michael



Comrade Bill at the Legion Poppy table at Home Depot in November 2010

Comrade Bill Wilson died peacefully on June 6, 2016, at the age of 68. He was predeceased by his parents: Reginald Wilson and Joan Pryke, and by his brother, Charles Ian Wilson. He is survived by his sister, Sheila Ann Wilson (Robert MacDonald); by his nephews, Eric Albert and Nicholas Roy (Elizabeth Baxter) and by his grandniece, Helen-Rose MacDonald. A legion tribute for Comrade Bill was held prior to the funeral service on June 20 in the funeral chapel at Capital Memorial Gardens on Prince of Wales Drive.

Comrade Bill was a dedicated Legion member almost since its inception; he was active in the Colour Party and was our Branch Cadet Liaison Officer for many years. He was passionate about his hobby of plastic models and was a long-time member of the International Plastic Model Society (IPMS). Bill's other abiding interest was the Progressive Conservative Party of which he attended many conventions. He was also a member of the Canadian Aviation Historical Society (CAHS) and again attended many of their conventions. Tributes to Bill at his service attested to his giving and helpful nature, particularly to the Navy League of Canada, and other organizations.

An insight into Bill's special character came from eulogies given by Bill's nephews, Ken and Nicholas



MacDonald as well as officials from the Navy League of Canada. Ken's eulogy follows in part:

*"My uncle Bill was a special kind of individual. He always had a positive approach to life, always wanted to be there for others. And always had smudged glasses and Kleenex coming out of his sleeves and pockets. Born in Ottawa, his father was from Pembroke, and his mother, a war-bride from London, England. This British connection would prove to be an integral part of Bill's identity as he fully embraced the British traditions of volunteerism and participation. After graduating from Woodroffe High School, Bill dedicated his life to helping others, and in doing so became a prolific supporter of many organizations. His love of the British navy is evidenced by his time serving with the Legion, the Navy League, the Cadet movement, and specifically with his establishment of the Falklands/Stadaconna Navy League Association. These institutions were touched by his warm spirit and kind heart.*

*Making a career at the department of Foreign Affairs and International Trade, Bill worked tirelessly to represent the people of Canada, going so far as to spend three years in Tel Aviv in the foreign service. Upon his return to Canada, Bill made his home in Kanata, and began his work with various associations in the region, including president of his community condo board. He loved to build models and spent many hours recreating some of the greatest ships in naval history. As his epitaph will say: "His joy was in serving others."*

*(courtesy, Ken MacDonald)*

Rest in peace Bill, you will be missed by your many comrades, friends, and society members.

## From the Ladies' Auxiliary

Hello, comrades

As the newly elected President of the Ladies' Auxiliary, I wish to take this opportunity to thank the Branch and the L.A. for having faith in my abilities to lead the Ladies' Auxiliary.

One of my main goals for the Ladies' Auxiliary is to increase membership as a ways and means for the L.A. to better support the Legion and its goals.

Thank you for the support from the Branch and L.A., which made our annual fundraiser - Country Fair - a success.

Carole McCaskill  
L. A. President

## Country Fair Dinner, Silent Auction and Dance

It was a hee-haw of a time for 75 guests who attended the Ladies' Auxiliary's 21<sup>st</sup> annual fundraiser - Country Fair on June 11! With *country* as the theme, guests dressed the part wearing jeans, gingham, cowboy/cowgirl hats. Some entered the best dressed cowgirl and cowboy contest! Competition was very good; judging was difficult, but winners there were!

A beautiful appetizer and punch table were available for guests to enjoy while they browsed through the variety of silent auction items, guessed how many jelly beans in the jar, bid on homemade pies and beautifully decorated cakes!



A delicious meal of tossed salad, chicken, green beans, corn, bread, potatoes and--the best part, dessert--strawberries on angel food cake with whipped cream! There were many who won door prizes and one guest per table won the table centrepiece which was a flower plant in a mason jar!

The count down to the silent auction commenced just before 8:00 p.m. and many successful bidders there were!

To top off the evening, guests were entertained by our very own Mike Fahey, well known country singer. There was dancing and singing along! Spot dance prizes, too!

It was a very successful event both in fun and fundraising! The approximate proceeds is \$3,000.

Success is always dependent on your support and thus, the Ladies' Auxiliary wishes to extend special thanks to:

- those who donated silent auction items, cakes, pies, etc.
- those who made donations but were not able to attend
- those who attended the Country Fair, bid on items and enjoyed!
- Mike Fahey for providing great music entertainment- thank you, Mike!

Volunteers made this event happen and successfully!  
A big thank you to the following volunteers:

- Amanda Robbins, Lorraine Lapensée - poster design and promotion
- L.A.- composition and mail out of invitation letter and reservation slip sheet;
- Lynn McPherson - volunteer coordinator
- Jackie Terris, Judy Homma & June Tyrrell - decorations
- Suzanne St. John, Judy Homma, Martha Dormor, June Tyrrell, Bev Connell, Angie Jacklin, Lydia Fancy, Lorraine Lapensée - basket makers
- Moira Green & Mark Hunter - bar tenders on duty
- Bob Thomson and John Thomson - hall set up and clean up
- Lydia Fancy & Garry Fancy - check-in table and greeters
- Betty Ann Pollock and George Pollock - Chief cooks
- Gaëtan Chartier, Bev Connell, Nicole Brousseau, Suzanne St. John, June Tyrrell, Lorraine Lapensée - Food preparation
- Angie Jacklin & June Tyrrell - table setters
- Nicole Brousseau, Bill Molnar, Suzanne St. John - servers
- Lynn McPherson, Sylvie, Bev Connell - clearers
- Terry Homma and Gaëtan Chartier - dishwashers
- Lorraine Lapensée - event co-ordinator and emcee



#### Part 1

It's really hard to know how to talk to seniors about moving. How and when do you bring it up? What is the best retirement residence? What steps do you take to keep the discussion going?

Home is where the heart is. We've all used this saying at one time or another.

Today, moving is the norm — Canadians tend to move multiple times. From parents' homes to school, in with roommates, out with roommates. We move in and out with significant others, for work, for family, in retirement to a smaller home and then maybe to a retirement residence.

It's exhausting just thinking about it! We, as a society, have become so accustomed to moving that it's commonplace. We're used to this fast paced, tech savvy world and when it comes to moving a loved one, we expect that they'll be able to get on the same page with us, as quickly as we can.

The aging population and the [sandwich generation](#), will not be disappearing in the near future and seniors' loved ones need to take a hard look at some of the obstacles that may be in the way when faced with an impending move.

#### A Lifetime of Memories

Having worked with over 2000 seniors and spoken to thousands more, I've learned that they on average have spent 50 years in their homes. Consider the memories made, the familiarity and comfort they must have in their homes. To get a better feel for this, estimate how many times you've moved in the last 25 years. I've calculated that in the last 10 years I've moved 15 times. It's second nature to me, and probably to you as well.

After 50+ years, people become deeply rooted in their neighbourhoods. They know where every-thing is, how long it takes to get there and they usually have one or two neighbours who "keep an eye out for me." A few common concerns from the seniors with whom I work are "Everything I need is here." "I won't know anyone." "If I move I will be the talk of the town and I don't want people to know." These are just a few of the hurdles that need to be jumped and we haven't even left the front door.

... to be continued in the July 2016 issue of *CONTACT*



#### The Emotional Side of Moving: Talking about Moving with Seniors

The following blog is  
written by Amy  
McConnell (left).  
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[info@teaandtoast.ca](mailto:info@teaandtoast.ca)

*used with permission*

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## PRESIDENT'S CANADA DAY BBQ



CELEBRATE CANADA'S BIRTHDAY  
AT THE KANATA LEGION!  
70 HINES ROAD, 613-591-5570

**July 1, 2016**

ANYTIME BETWEEN 11:30 A.M. – 3:00 P.M.  
SERVING: HAMBURGERS, HOT DOGS, SALADS, DESSERTS  
**TEST YOUR SKILLS WITH OUR INDOOR GAMES!**

**NO TICKETS! NO SIGN UP IN ADVANCE! DROP BY!**

**DONATIONS ARE WELCOME!**



## Welcome to Kanata Legion's 60's & 70's DANCE

**Sat., July 16, 2016 7:00 p.m.**

**FEATURING...**



SUNDAE AND DESSERT BAR / COFFEE & TEA!

SPOT DANCE PRIZES / DOOR PRIZES!

DRESS 60'S OR 70'S IF YOU WISH!

Tickets: \$15.00/Person

Advance Ticket Sales Only / Pick up by July 13, 2016

70 Hines Road, Kanata, 613-591-5570



### Kanata Legion & Ladies' Auxiliary Upcoming Events

July 1, 2016 - August 28, 2016

Date & Times	Event	Details	Ticket Price & Date	
> > > JUNE BIRTHDAYS AND ANNIVERSARY CELEBRATIONS <b>POSTPONED</b> TO JULY 24, 2016 < < < <				
Friday, July 1 11:30 a.m. – 3:00 p.m.	President’s Canada Day BBQ	BBQ – Hamburgers and more! Games of fun!	Donations welcome	N/A
Saturday, July 16, 7:00 p.m.	60’s & 70-s Dance & Dessert Evening	Featuring Snap, Crackle & Pop Band performing 60’s and 70’s music to dance to! Dessert Buffet, Coffee/Tea!	\$15/person	July 13
Sunday, July 24 2:30 p.m. – 4:00 p.m.	June & July birthdays & anniversaries	Cake & Ice cream	Not applicable	Drop in
Thursday, Aug.11	Annual Ray Ponto Golf Tournament & Dinner	To be Announced	TBA	TBA
Saturday, Aug. 27 5:30 p.m.	Corny Comedy Night	Corn on the Cob, pot luck dinner Comedy by 3 comedians!	\$10/person & pot luck	TBA
Sunday, Aug. 28 2:30 p.m. – 4:00 p.m.	August birthdays & anniversaries	Cake & Ice cream	Not applicable	Drop in

CONTACT! is published monthly by RCL Branch 638 in Kanata, Ontario. The views expressed in this newsletter are those of the contributors or the editor, and not necessarily those of the Royal Canadian Legion or Branch 638.

Anyone from the branch can write a tribute regarding members both living or past. CONTACT! is an opportunity to capture some of our veterans' stories from yesteryear.

CONTACT! is edited by Lorraine Elmas [lorraine\\_elmas@yahoo.ca](mailto:lorraine_elmas@yahoo.ca)

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