



CONTACT!

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www.kanatabr638.ca

President's Message

The annual Branch Veteran's Luncheon will be held on Tuesday, June 23th. Meet and greet at 11:30 and lunch at 12:00. Lunch will be prepared by Leatherworks. *Please call the branch by noon on June 22nd if you are planning to attend.*

The Honours and Awards ceremony on May 31 went off very well. Thank-you to Dan Knighton and Brenda Grant for the hard work and to George Pollock and crew who did a super job preparing our meal. Congratulations to all who received awards and pins.

Our annual July 1st President's BBQ will begin at 12:00 with the meal being served at 12:30.

Fish and chips Friday is going very well; however, getting volunteers to fry is another matter. Sue and I have asked for volunteers a number of times to no avail. Due to the shortage of volunteers, we may need to shut down for a few weeks in August to give us all a needed break.

Thank-you to last year's executive for all your hard work. It was due in great part to your effort and dedication that the branch had a very successful year.

The Ladies' & Men's Spring Fashion Show and High Tea was a hit due to the effort of a group of dedicated volunteers. Thank-you to Lorraine Lapensee for coordinating the event.

We are in need of volunteers in a number of areas. If you can help, please see a member of the executive.

John Cher
President



From the 1st Vice

Another busy month for us all at the Branch as the new executive has taken shape and will be getting into it with both feet running (some have already started and some have never stopped). This past month brought about three high profile events that were well attended and enjoyed by all. I'm referring to the Ladies' & Men's Spring Fashion Show event, the Annual Honours and Awards presentations and the Ladies' Auxiliary Annual Fundraiser 'Country Fair'. All were a complete success due to much hard work from our volunteers. Thank-you once again to all of our volunteers who made it all possible and thank-you to all of our members and friends who supported through attendance.

Attendance is especially important and my compliments to all who worked so hard to put the event on. This is what makes the legion work. As summer is fast approaching and holidays will soon be upon us, please watch for all coming events and be sure to attend if you are able. In this way, you get the maximum enjoyment of your membership. See you at the next event.

All the best,

Dan Knighton
1st VP

From the Sports Desk

If you haven't already heard, congratulations are in order to the four golfers who attended our zone golf tournament June 6 in Arnprior. Comrades Bob Mason, Brenda Grant, Ray Quinn and I won the right to go forward to the next round to play the District G event to be held at the Upper Canada Golf Course in Morrisburg July 25. Unfortunately, I will not be available to attend and Bob's brother

Martin has volunteered to take my place. I wish you all good golf as there is no luck in it, it's all skill (and I'm sticking to that)!

The Ray Ponto Memorial Golf Tournament will be held at Greensmere, August 13, 2015. Keep an eye out for the posters and sign-up sheets.

Dan Knighton
Branch Sports Officer
613 864 1920

Honours and Awards

Our celebration and presentations were held May 31, 2015, along with George's spaghetti. (Thank-you, George). Congratulations to all who received pins and to those who received awards. Special congratulations to Comrade **Bob Thomson** on attaining Life Membership and Comrade **Patricia Cher** who became our Legionnaire of the Year. The President's Commendation was split this year and awarded to Comrades **Judy Homma** and **June Tyrrell**. Congratulations to all!

Once again I wish to thank my Honours & Awards Committee for their dedication and hard work on another very successful event. I look forward to next year's challenge. Remember, if you do the work, we will record it. Till next year, all the best.

Dan Knighton
Honours & Awards Chairman

A Joke for You ☺

Three 'Good ol' Vets' down at the legion were overheard: "Windy, isn't it?" The second one says, "No, it's Thursday!" The third one says, "So am I. Let's have another beer."

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ServiceOntario

It's a Mess!



The Ottawa Army Officers' Mess
142 Somerset Street
Ottawa, Ontario

This building was once the home of Mrs. Lillian Freiman, the first woman to become an Honorary Life member of the Royal Canadian Legion, which she helped found. The first Canadian poppies were made in her living room in 1921 and she was influential in having the poppy adopted as our nation symbol of remembrance. For her services to serving and returning veterans of WW1, Lillian was awarded The Order of The British Empire.

Thanks to the Friends of the Canadian War Museum for an interesting presentation and tour of the building on Somerset.

10th Anniversary

Congratulations to all members of Branch 641 Barrhaven Legion on their 10th Anniversary, and every best wish for a successful Cenotaph Campaign.



Submitted by
Moir Green

Donations

The following is a listing of donations from proceeds of the Kanata Legion Bingo and 50/50 draws in our legion year to the end of May. (In future we will update you monthly.)

Clay Wheaton, Chairman, General Trust Fund Committee

Date	Charity	Donation
August 2014	Military Families Resource Centre	\$500
	Service Dog Support Program	500
	Camp Maple Leaf	250
	Camp Smitty	250
	Friends In Sports Fishing	250
	Kanata Kozy Quilters	250
September 2014	The Mission	500
	Shepherds of Good Hope	500
	Children's Hospital Eastern Ontario	250
	MS Society	250
November 2014	Chrysalis House	1,000
	Salvation Army	500
	Kanata Food Cupboard	250
	Hospice Ottawa	250
	Elizabeth Bruyere Centre	250
	Kanata Kozy Quilters	250
December 2014	Alzheimer's Society	250
	Parkinson's Society	250
	Crystal Bay Centre for Special Education	250
January 2015	Dave Smith Youth Treatment Centre	250
	Military Disabled Skiing Program	250
	Heart for a Heart Fund Raiser	250
February 2015	Friends of the War Museum	250
	West Ottawa Resource Centre	250
	Canadian Red Cross	250
March 2015	Ottawa Area Homeless Veterans	500
	Camp Musquah	250
	Juvenile Diabetes	250
April 2015	Alzheimer's Society	250
	Military Families Resource Centre	500
	Canada Red Cross	250
May 2015	Shepherds of Good Hope	500
	The Mission	500
	MS Society	250
	C.H.E.O.	250
	Kanata Food Cupboard	250
	Total	\$12,000

Cadet Liaison

Submitted by Peter Wilkins, CD KtStG



Representing the President of Branch 638 Kanata, Peter Wilkins presenting the legion medal to top cadet on June 2, 2015.



Bill Wilson presenting award to winning cadet.

From the Branch Secretary

The next Kanata Branch general meeting is

Wednesday, June 17, 2015, at 7:30 p.m.

No general meetings in July and August!

Have a safe and good summer! See you in September!

Lorraine Lapensée
Branch Secretary

From the Ladies' Auxiliary

This is a reminder that there are **no general meetings in July and August.**

The next general meeting will be the annual **Appreciation Dinner & Meeting** (dinner provided by the branch) on Wednesday, **September 2, 2015**

See you in September!

Lorraine Lapensée
Sargent @ Arms



Something for Everyone

at the Kanata Legion's 3rd Annual Spring Ladies' and Men's Fashion Show and High Tea!

On May 23, 63 guests attending the High Tea and Fashion Show had a great time, a fun time and an interesting time. Guests enjoyed the delicious hors d'oeuvres as they visited the variety of vendors before the fashion showed started.

- ☞ Diane's Collectibles-Estate jewellery at good prices;
- ☞ Sarah's Sweetin Treats-Fresh, delicious and unique chocolate treats i.e. chocolate covered pretzels;
- ☞ Tracey's Silpada jewellery;
- ☞ Angie's and Judy's nail booth-nails done for only \$10.00!
- ☞ Moores Men's Clothing, Lincoln Heights with Sal and Eden ready to serve offering \$30 off tuxedo rental and 40% off retail sales;
- ☞ Something very new... Nerium-anti-aging / skin problem recovery products with Katie and Lucy;
- ☞ Amy's Tea and Toast Senior Living Counsellors
- ☞ Lynn's and Marah's Fascinators, bags and scarves

And then the Fashion Show: 8 ladies modeled 16 outfits from Alia N TanJay, Hazeldean Mall, commentated by Jackie, Manager, and each time the ladies were escorted by one of the four men who each modeled a different styled tuxedo provided by Moores Men's Clothing, Lincoln Heights, commentated by Sal Rafi, Sales Rep. Easy shopping and fun!

After the show, it was time for guests to tantalize their taste buds with the 5 different kinds of sandwiches and 4 different teas, many bite size desserts. Yum Yum! All this in a beautifully decorated hall with spring as the theme including decorations of flowers and butterflies and the 2 main colours, soft green and pink!

A guest at each table won the fresh flowers centerpiece and then there were door prizes! Thank you to Lynn McPherson and Lorraine Lapensée for the donation of door prizes! Wow! What a great time! Money was raised!

The success of this event would not have been without our volunteers. Many hands made light work! **A BIG SPECIAL THANK YOU TO THE FOLLOWING PEOPLE:**

Tuxedo Models: Ron Chittaro, Terry Homma, Bruce Judge, Gord McCaskill

Lady Models: Terry Davis, Lydia Fancy, Lorraine Lapensée, Lynn McPherson, Amanda Robbins, Pat (PJ) Rose, Karen Szabo, Mary Szabo

Volunteers: Barry Briggs, Nicole Brousseau, Jane Cane, Gaetan Chartier, John Cher, Pat Cher, Bev Connell, Lorraine Elmas, Lydia Fancy, Mary Jo Gauthier, Debbie Holden, Judy Homma, Angie Jacklin, Dan Knighton, Lorraine Lapensée, Dave McPherson, Lynn McPherson, Helen McKiernan, Bill Molnar, Mary Murphy, Amanda Robbins, Suzanne St. John, Jackie Terris, Bob Thomson, John Thomson, June Tyrrell, Mackenzie Williams



We had a Rootin' Tootin'

Hee! Haw! of a Time at the Ladies' Auxiliary's 20th Annual Fundraiser

This year the Ladies' Auxiliary introduced a new kind of Annual Fundraiser... from a Gala to a Country Fair! It was a big success!

Guests were sporting their country attire!
Best dressed Country Girl was **Patricia Smith**.
Best dressed Country Boy was **Rene Leroux**.

The Ladies' Auxiliary put on a fine spread for their approximate 90 guests - chicken Kiev, pasta salad, broccoli salad, potato salad, tossed salad and strawberry shortcake!

..and then there was the well-presented silent auction of many items all donated! Guests had fun bidding and outbidding in the silent auction and at the cake table as well as judging the best decorated of seven cakes! Cakes #2 and #4 tied at first place!

Last but not least was Mary-Jo's jelly bean jar!
The winner who guessed the closest to the correct number of jelly beans in the jar was Jim Riordan!
Enjoy the jelly beans, Jim!

The Ladies' Auxiliary wishes to thank

- those who donated items for the silent auction;
- guests who came out to support their annual fundraiser;
- members who made donations that were not able to attend, and
- those who prepared and decorated cakes.

Thanks a million!

As well, a big part of an event's success is a result of the dedicated volunteers, and this event is no exception. **MANY THANKS TO THE FOLLOWING VOLUNTEERS:**

Mary Aird, Nicole Brousseau, Jane Cane, Bev Connell, Bev's niece, Andrea, Lydia Fancy, Mary-Jo Gauthier, Brenda Grant, Debbie Holden, Judy Homma, Mark Hunter, Angie Jacklin, Dan Knighton, Lorraine Lapensée, Carole McCaskill, Betty Ann Pollock, George Pollock, Amanda Robbins, Suzanne St. John, Bob Thomson, June Tyrrell, Clay Wheaton



I'm a Proud Canadian

Doug Smith is a Gulf war veteran and has served in the Canadian military for 20 years both here in Canada and overseas. With many Canadian soldiers committing suicide, he wanted to write about his service to his country and inspire all Canadians to be proud of who we are.



We are all proud Canadians
Glorious and free
We will travel the world and work for peace
And stand on guard for thee

We are all proud Canadians
glorious and free
we will travel the world and work for peace
and stand on guard for thee

To listen to the song, click on the link below.
<https://www.youtube.com/watch?v=dUz9rMEYbt4>

Thanks to *Sharon Smith* for this submission. LE

I'm A Proud Canadian

Chorus

I am a proud Canadian
I served my country well
I've travelled the world and fought for peace
on land, sea and air

The world is in danger, the world is in pain
Canadians understand the risk
And volunteer just the same

Repeat Chorus

Some people still hungry, some people not yet free
Canadians do the best they can
To change that destiny

Repeat Chorus

We understand freedom, we embrace diversity
Canadians have paid the ultimate sacrifice
From sea to shining sea

We are all proud Canadians
We support our Canadian troops
We honour the fallen on Remembrance Day
A red poppy we will wear

People recognize our flag,
Red maple leaf from a tree
Canada has four nations
And multicultural diversities



With more than 70 retirement residences in the Ottawa area, how do you decide which one is best for you and your loved ones?

How do you find the time to do all the research?



Stay in the driver's seat, but trust the research to me. With over 9 years hands on experience, I can help you arrive at the right choice for you and your family!

Amy McConnell
www.teaandtoast.ca
613.406.6031

Tea & toast

Kitchen Corner

Thank you to all who I have had the pleasure of working with over the years. And especially to the Kitchen Committees who assisted and guided me.

I had intended to hand over the kitchen at the end of May. Unfortunately, having to suddenly put both parents into long term care, accelerated that decision.

Hopefully, when the dust settles, I will be back as part of the team. In the meantime, I wish my successor all the best!

Sue McLean
former Kitchen Witch

CONTACT! is published monthly by the Kanata Branch 638 in Kanata, Ontario. The views expressed in this newsletter are those of the contributors or the editor, and not necessarily those of the Royal Canadian Legion or Branch 638.

CONTACT! is edited by Lorraine Elmas
(lorraine_elmas@yahoo.ca)

Everyone is invited to the
Kanata Legion's

50's & 60's Dinner & Dance

Saturday, July 11, 2015

Reception: 6:00 p.m./Dinner: 6:30 p.m.
Menu: wings, fries, deep fried pickles, dessert
Spot dance prizes! Door prizes!

**Sing and dance to 50's & 60's music
by Debra McCann**

Dress 50's & 60's

**Prize for the best dressed 50's & 60's
lady and gent**

**Bring your own: yoyos, paddle balls &
bubble gum**

Tickets: \$12.00 per Person - Advance Ticket
Sales Only

Tickets Available at the Bar, Pick up by
July 7, 2015

Kanata Legion Fundraiser
70 Hines Road, Kanata, 613-591-5570

Kanata Legion & Ladies' Auxiliary Upcoming Events June 23, 2015 - August 13, 2015

DATE & TIMES	EVENT	DETAILS	TICKETS	CUT OFF DATE FOR TICKETS
June 23, 2015	Annual Veterans' Luncheon	Chef Salad, Shepherd's Pie and Dessert	Compliments of the Kanata legion	Sign up by Monday, June 22, 2015 noon
Sun. Jun 28/15 2:00 p.m. -4:00 p.m.	May & June birthdays & anniversaries	Cake & Ice Cream	Not applicable	Not applicable
Wed. July 1/15	President's Canada Day luncheon BBQ	12:00 noon – 2:00 p.m. hamburgers & hot dogs Games of Fun	Donations are welcome	Drop by and enjoy
Sat. July 11/15	50's / 60's Dinner & Dance 6:00 p.m reception	Chicken wings, fries, deep fried pickles & dessert Sing and dance to Debra McCann	\$12.00/person	Pick up by July 7, 2015
Sun. July 26/15 2:00 p.m. – 4:00 p.m.	July birthdays & anniversaries	Cake & Ice cream	Not applicable	Not applicable
Sat. Aug. 8/15	L.A. steak BBQ	To be announced	To be announced	To be announced
Thurs. Aug. 13/15	Annual Ray Ponto golf tournament	To be announced	To be announced	To be announced